



February 2012

LIFE HOUSE YOUTH CENTER

CALENDAR of ACTIVITIES

All activities located at:
Life House Youth Center
 102 West First Street
 Duluth, MN 55802

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	
<p>Every Monday Employment Lab 3–5PM</p> <p>Wellness Class 4–5PM</p> <p>Creation Station 5:15 PM Meet Ahna and experiment with a different art project.</p> <p>PAVSA Advocate 5:30PM Meet special guest Kelly and learn more about the Program to Aid Victims of Sexual Assault.</p>	<p>Every Tuesday Possibilities Class 4–5PM</p> <p>Documentary Night 5PM This month we will view the “Planet Earth” series. Looks great on the large flat-screen! Hot cocoa provided.</p> <p><u>SPECIAL DAY EVENTS!</u> February 14, 3 PM Relationships Event Join special guest Maude from Safe Haven to learn about healthy relationships this Valentine’s Day. Candy provided!!</p>	<p>Every Wednesday Employment Lab 3–5PM</p> <p>Sexuality Educator 3PM Meet special guest Leah and learn about healthy sexuality and reproductive health.</p> <p>Youth Board 3:30 PM</p> <p>Birthday Celebrations February 8, 3:30PM</p> <p>Education Tutoring 3 – 5PM Do your homework at Life House with a tutor!</p>	<p>Every Thursday Housing Basics 4–5PM</p> <p>Cooking Class 5 PM Refine your cooking skills.</p> <p><u>SPECIAL DAY EVENTS!</u> February 24, 5 – 7 PM Game Night!!! Join us for a new event: monthly game tournaments. Play some fun games and win awesome prizes!</p>	<p>Every Friday Parent Group 4–5PM</p> <p>Movie Night 5–7PM A different movie every week – we take youth requests!!</p> <p>OTHER SPECIAL EVENTS</p> <p style="text-align: center;">February 14, 4 PM McDonald’s “Dinner at Life House” Once a month McDonald’s donates dinner to the youth center as a special treat!</p> <p>February 17, 3–8PM Alumni Night A day for aged-out Life House youth to visit with friends and staff in a fun, safe place!</p>	
<p>EVERY WEEKDAY during February 2012</p>		<p>3PM – 8PM (Wednesdays, 3PM–6PM) Youth Center is open for all youth ages 14-20 to get something to eat, access emergency supplies, talk with Life House staff about life goals & attend events.</p> <p>Education Lab M/W/F 11-12 & 1-2; Tues/Thurs 10-12 Meet Life House staff to get the help you need to gain high school credit or complete your GED!</p>		<p>Saturdays, NOON–4PM Our Youth Center is open for all youth ages 14-20 seeking help with:</p> <ul style="list-style-type: none"> • food • supplies • information 	<p>Questions about the Life House Youth Center?? Feedback or Comments? Call or Email Kim: (218) 722-7431 x. 10 Kim.Crawford@life-house.org</p>

All classes located at:
Life House Youth Center
102 West First Street
Duluth, MN 55802

Life House
SCHOOL OUTSIDE OF SCHOOL
(S.O.S.) GROUP TOPICS

For more info, contact:
McKenzie Pangerl
(218) 722-7431 x. 12
McKenzie.Pangerl@life-house.org

Creation Station – Express your artistic side!

Employment Lab – Meet Holly in the computer lab to search for jobs, write resumes, and any other employment work.

Housing Basics – How do you prevent eviction? What are your rights as a tenant? Where can you go to solve problems with your housing? This class can help you answer these and other questions.

Moms & Dads Group – Have questions about parenting and/or pregnancy? Looking for support as a parent? Join Sam & other parents for answers. February we will talk about behavior dilemmas, parental self-care, budgeting for families, fun & games with children, and answer any questions!

Possibilities – A place to talk about career-based stuff such as lifestyle, budget, relationships, and your interests.

Wellness – Find out about your own personal health, and how to connect to health resources in our community. Classes based on youth requests, so bring your ideas to class!!

Youth Board - Have ideas about what could change at Life House? Let your voice be heard at the Youth Board.

DID YOU KNOW? Life House **S.O.S.** groups can earn you High School Credit! Call **(218) 722-7431 x. 12** for details.